



CFCArts Family Workshop Series
Musical Instruments in Your Kitchen
Facebook Live! Lesson Plan

Workshop Description:

- Do your pots and pans make music? Discover how you can take various items you already have in your home and turn them into percussion instruments! This tangible workshop features several homemade instrument projects for you to play on and enjoy after the workshop!

Materials Needed:

- Pots and pans drum set: 3 to 4 pots and pans
- Kitchen Utensils: Whisk and Wooden/Metal Spoons (2)
- Bucket drums: 2 different sized buckets
- 4 pan lids
- Masking tape
- Rice
- Dried Beans
- Cylinder
- Scissors
- Balloon
- 2 paper towel rolls
- Construction paper
- Markers
- Aluminum Foil

- Art Activity #1: 2 Spoons, tape, rice, & plastic egg, masking tape & pipe cleaner
- Homemade drum kit: 6 various cylinders,(Tin can, Tupperware, bucket, coffee canister etc.), tape, scissors, balloons
- Art Activity #2: Paper Towel Roll, Construction Paper, Marker, Aluminum Foil, Tape, & rice

Before Class Start:	The Set Up - GROUP ACTIVITY Do this 10 minutes prior to class**
----------------------------	---------------------------------------------------------------------------

	<ol style="list-style-type: none"> 1. Login to Facebook 2. Set up your camera and space 3. Arrange the pots and pans like a mini drum set, the kitchen utensils should be easily accessible. 4. Pre-Set art supplies in groups for easy access
Intro:	<p>Start of Class</p> <ul style="list-style-type: none"> ● Teacher Introduction ● Welcome Group ● Encourage everyone to collect their supplies if they haven't already done so. <i>See description for complete list</i> <p><u>Percussion Family:</u></p> <p><i>The following can be asked as questions or statements. As this will be live students may comment by typing under the video, if they don't, just say the information!</i></p> <ul style="list-style-type: none"> ● <i>What is percussion?</i> <ul style="list-style-type: none"> ○ Instruments that make sound by hitting or striking! ● <i>Why does percussion exist?</i> <ul style="list-style-type: none"> ○ Percussion instruments are the second oldest way to make music. <ul style="list-style-type: none"> ■ What is the first? (Voice) ○ Percussion was used to communicate and for special celebrations. ○ These instruments have been around since before 6000 B.C <ul style="list-style-type: none"> ■ It became popular because it is something everyone can do in a group without rehearsal or much training.
Step 1:	<p>Body Percussion:</p> <ul style="list-style-type: none"> ● <i>How can we make percussion?</i> <ul style="list-style-type: none"> ○ With our hands, feet, fingers, and other objects. ● Teacher Demonstration: <ul style="list-style-type: none"> ○ Teacher claps, and taps patterns to the camera ○ Encourage the students to repeat ○ Congrats you just used <i>body percussion</i> ● <i>Suggested Patterns</i> - Use syllables in words to create rhythmic patterns <ul style="list-style-type: none"> ○ Mac-ca-ro-ni = 4 quarter notes ○ Pep-per-o-ni = 4 quarter notes ○ Wat-er-me-lon = 4 quarter notes ○ Piz-za = 2 quarter notes ○ Straw-ber-ry = triplet

Step 2:**Musical Kitchen:**

Using set of of pots, pans, buckets and kitchen utensils

- Teacher demonstrates **using hands** on the instruments
 - Pots & Pans Drum Set
 - Bucket Drums
 - Pan Lid Cymbals
- **Dynamics**
 - You can play LOUD!!
 - You can play *soft*....
 - When playing **LOUD** we call it **FORTE**
 - When playing **soft** we call it **piano**
 - **Teacher encourages students to explore FORTE and piano**
 - *NOTE: Making music is fun, but it is important to remember others are listening too. Playing Loud all the time is not easy on their ears.*
 - Forte and piano are **Dynamics**
 - **Dynamics** are how we describe the volume (loudness or softness) of a sound or note in music!
- Encourage students to play each with their different utensils
 - Hands
 - Whisk
 - Metal/Wooden
- Each pot and utensil makes a different sound in music we call this **timbre**
 - **Timbre - the character or quality of a musical sound that makes it unique**
- Explore all your kitchen instruments
 - Which pot or bucket makes the **lowest sound?**
 - In a drum set this would be the **bass drum**
 - The bass drum keep the **steady beat**
 - Play a steady beat on your kitchen bass drum
 - Which of your lids makes the **highest sound?**
 - In a drum set this would be called the hi-hat, typically it is created by two small cymbals hitting together
 - The hi-hat plays fast patterns
 - Play a fast pattern on your kitchen hi-hat
 - Try playing with **Dynamics**
 - Forte (LOUD) and piano (*soft*)
 - Try **playing patterns** on on all your drums

	<ul style="list-style-type: none"> <ul style="list-style-type: none"> ■ Suggested Patterns - Use syllables in words to create rhythmic patterns <ul style="list-style-type: none"> ● Mac-ca-ro-ni = 4 quarter notes ● Pep-per-o-ni = 4 quarter notes ● Wat-er-me-lon = 4 quarter notes ● Piz-za = 2 quarter notes ● Straw-ber-ry = triplet ● Transition: <ul style="list-style-type: none"> ○ Nice drumming your Kitchen Drum Set! ○ Now let's make some of our own percussion instruments
<p>Step 3:</p>	<p>Making a Paper Towel Roll <i>Rainstick</i> Needs: Paper Towel Roll, Construction Paper, Marker, Aluminum Foil, Tape, & rice</p> <ul style="list-style-type: none"> ● Decorate an empty paper towel roll with markers & construction paper <ul style="list-style-type: none"> ○ Cut 2 construction paper circles (about twice the size of the holes) to over the end of roll ○ Decorate and set aside. ● Cut a 4 in wide piece of aluminum foil that is 1.5 times the length of the roll <ul style="list-style-type: none"> ○ Crinkle the aluminum to make a solid line about ¼ inch thick ○ Twist this aluminum stick around your finger to make a coil, then stretch to the length of paper towel roll ● Cover one end of roll with construction paper and tape. ● Insert aluminum coil into the paper towel roll. ● Pour in ¼ cup of rice, beans, or steel oats (any small objects that will create noise). ● Cover the other end of the roll with construction paper and tape. ● Tip roll and listen to the rice fall through the coil, once all has fallen, tip again. <ul style="list-style-type: none"> ○ Congrats on Your Rainstick! ○ Close your eyes and play turn it. <i>Does it sound like rain?</i>
<p>Step 3:</p>	<p>Making Shakers Needs: Paper towel roll or toilet paper roll, beans, construction paper, scissors, tape</p> <ul style="list-style-type: none"> ● Cut your paper towel roll into 4 sections (toilet paper roll cut only into 2). ● Cut 2 construction paper circles (about twice the size of the holes) to over the end of roll ● Use markers to decorate.

	<ul style="list-style-type: none"> ● Cover one end of roll with construction paper and tape. ● Put in a small fist full of dried beans ● Cover the other end or roll with construction paper and tape. <ul style="list-style-type: none"> ○ Tah Dah! You have made a shaker!! <p>Notice: Does the shaker and rain stick make the same sound? NO!</p> <ul style="list-style-type: none"> ● Remember, Timbre! the character or quality of a musical sound that makes it unique ● They are both percussion instruments but they make very different and special sounds. <ul style="list-style-type: none"> ○ Later, you can repeat with the other sections of the paper towel roll and make more shakers. <ul style="list-style-type: none"> ■ You can also fill those with different items like pennys, beads, or paper clips. <i>This will change its sound or timbre!</i>
<p>Step 3:</p>	<p>Making a Homemade Drum</p> <p>Needs: Cylinder, balloon (or just masking tape), scissors, tape, construction paper, markers</p> <ul style="list-style-type: none"> ● Take the lid off the cylinder. It needs to be hollow and empty. ● Cut the tip of mouthpiece of an unblown balloon ● Stretch the top of the bloon over the open top of the cylinder and tape the edges tightly <ul style="list-style-type: none"> ○ No balloon? No problem. Use pieces of masking take and over the entire top of the cylinder ● Take your piece of construction paper and wrap it around your cylinder ● Cut off the excess ● Decorate the paper ● Wrap the paper around the cylinder and tape in place <ul style="list-style-type: none"> ○ Now use your palm and hit your drum!!
<p>Step 4:</p>	<p>Conclusion</p> <ul style="list-style-type: none"> ● Thank you for joining me today! ● I hope you enjoy making music with your drums, shakers and rainstick! ● Please comment below with any questions and email school@cfcarts.com to learn about other offerings like this that will be coming soon!